

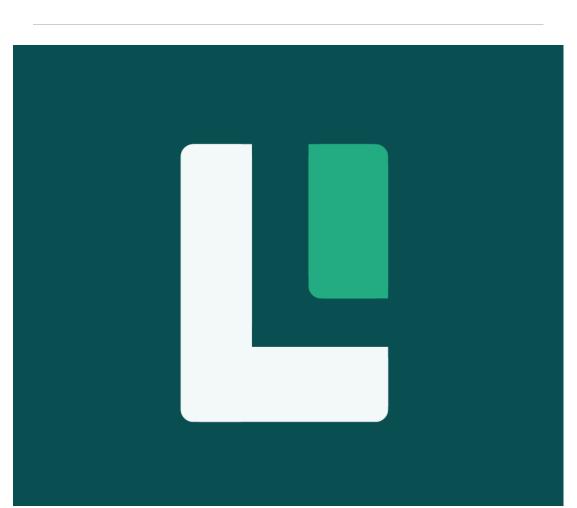


## **Diabetic Peripheral Neuropathy**

If you're struggling with intense pain, burning, itching, or numbness, you may be dealing with Diabetic peripheral neuropathy. Diabetic patients with nerve damage understand that there is far more to nerve damage than loss of feeling. Luckily, there is a treatment for these symptoms. Qutenza, (capsaicin 8% patch) a prescription treatment now offered with us! A 30 to 60 minute treatment that can give you relief for up to three months!

Don't let neuropathy stop you – take steps to address it so you can get back to what you love to do, instead of grimacing in discomfort.

Learn More About Qutenza Here!



843-449-3668

## **Upperline Plus**

Coastal Podiatry Associates has partnered with Upperline Plus, an Accountable Care Organization (ACO) working with Medicare, to offer extended benefits to our Medicare patients. This service is designed to enhance your care without any changes to your doctor or additional costs. You'll have 24/7 access to:

- Nurse practitioners
- Social Workers
- Dietitians
- Care Navigators
- Health & Wellness Coordinators
- Pharmacists

If you have traditional Medicare, you can sign up at your next visit or visit one of our five locations to sign up now!



# Delicious healthy holiday alternatives

Trying to be "healthy" during the holidays doesn't mean sacrificing flavor or excitement. The flavors and styles are anything but bland or boring. Get ready to be amazed by how delicious your holiday meal will truly be!

#### Explore the recipes!

### We're here to help you keep your feet feeling their best.

Each doctor with Coastal Podiatry Associates specializes in state-of-the-art foot and ankle care and is Board-Certified by the American Board of Foot and Ankle Surgery. Together they have decades of combined experience and are trained in advanced surgical and nonsurgical podiatric solutions. Their goal is to provide you with gentle, optimum quality foot care at affordable prices and to deliver their care in a compassionate and conservative manner.

Personalized treatment programs are developed to satisfy individual foot care needs.

We look forward to seeing you at any of our five convenient locations in Myrtle Beach, Conway, Little River, Surfside Beach, or International Drive\*.

\*Our Carolina Forest office has moved to its new location: <u>956 International Drive, Myrtle Beach (next to Ocean Bay Elementary)</u> All other locations remain the same.



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